



Bergen's Promise, in collaboration with the Fort Lee School District, presents a 1-hour live training on The Nurtured Heart Approach

## Why do parents need The Nurtured Heart Approach?

- Improve parent-child relationship
- Decrease need for discipline
- Address acting out behaviors in the home and at school
- Increased academic achievement
- Improved family dynamics
- Healthier social emotional skill set

**Training Date:** 12/21/2022

**Location:** Fort Lee High School Media Center

**Time:** 9:30-10:30 am

To register for this NHA Training:

https://forms.gle/DdL8TWgUVuGwcLPB6

<sup>\*</sup>Please note that due to copyright requirements, this training will <u>not</u> be recorded or made available after the above date.